



Club for bi, bi+,
pan, omni, poly,
ply, homoflexible,
heteroflexible,
non-monosexual
people

Not-monosexual

short „non-mono“

This term unites all those who are attracted to more than one gender. Just as "non-binary" unites all who can't or won't fit into the binary system between women and men.

Love knows no gender

We often get told that we would have to choose between homo- and heterosexuality, but there are also people to whom the gender of their partner doesn't matter or who have the potential to be attracted to more than one gender.

We want for everybody to be allowed to love as many genders as they want.

Coming-out

Telling people that you are attracted to more than one gender can seem like a huge step, but if you decide to do it you might feel better about your sexuality and not as if you have to hide something.

Still, your coming-out should never feel like an obligation. As long as you are at peace with your self everything is fine. Never let others push you to a coming-out!

You are not alone

There are more non-monosexual people out there than you might think. If you don't know where to find them, just come to one of our meetings which are open for everyone or one of our other events. For more information, visit our website.

We're here for you.

Partners / Friends and Allies

Not everyone who read this flyer will be "non-mono" themselves. Maybe you are a partner, friend or family member and want to know more about it to give better support.

We are also here for you and would be happy to provide you with help or advice.